

1. Record Nr.	UNINA9910765796003321
Autore	Krustrup Peter
Titolo	Science and football VIII : [proceedings] // edited by Jens Bangsbo, Peter Krustrup, Peter Riis Hansen, Laila Ottesen, Gertrud Pfister, Anne-Marie Elb
Pubbl/distr/stampa	Taylor & Francis, 2017 Abingdon, Oxon ; ; New York, NY : , : Routledge, , 2016
ISBN	9781315670300 1315670305 9781317366713 1317366719
Edizione	[1st ed.]
Descrizione fisica	1 online resource (238 pages) : illustrations, tables, graphs
Disciplina	796.334 796.33
Soggetti	Football Soccer Rugby football Football - Physiological aspects Soccer - Physiological aspects Rugby football - Physiological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Papers originally presented at the 8th World Congress on Science and Football held May 20-23, 2015, in Copenhagen, Denmark.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	pt. 1. Physiology and sports medicine -- pt. 2. Humanities and social sciences.
Sommario/riassunto	Science and Football VIII showcases the very latest scientific research into the variety of sports known as football'. These include soccer, the national codes (American football, Australian rules football and Gaelic football), and the rugby codes (union and league). Bridging the gap between theory and practice, this book is by far the most comprehensive collection of current research into football, presenting important new work in key areas such as: physiology of training performance analysis fitness assessment nutrition biomechanics injury

and rehabilitation youth football environmental physiology psychology  
in football sociological perspectives in football Science and Football VIII  
is an essential resource for all sport scientists, trainers, coaches,  
physical therapists, physicians, psychologists, educational officers and  
professionals working across the football codes. Chapter 6 of this book  
is freely available as a downloadable Open Access PDF under a Creative  
Commons Attribution-Non Commercial-No Derivatives 3.0 license.  
[https://s3-us-west-2.amazonaws.com/tandfbis/rt-  
files/docs/Open+Access+Chapters/9781138947061\\_oachapter6.pdf](https://s3-us-west-2.amazonaws.com/tandfbis/rt-files/docs/Open+Access+Chapters/9781138947061_oachapter6.pdf)

---