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Myanmar and the West: sanctions, engagement and security

6. Civil society and the political ecology of sustainable development:

## Sommario/riassunto

empowerment, opportunity and participation7. Conclusion: towards a more civil society?; Notes; Bibliography; Index

Helen James considers security in Myanmar/Burma. She uses the ideas put forward in the United Nations Development Programme's 1994 report, of human, as opposed to state and security, going on to argue that freedom from want, and freedom from fear (of the regime) are in fact mutually supportive ideas, and that the security of the people and the security of the state are in fact in a symbiotic relationship with each other. Presenting new and significant information of the security concept of Myanmar/Burma, James' original work considers economic development, health, education, environm