

1. Record Nr.	UNINA9910481018603321
Titolo	Addiction recovery tools [[electronic resource]] : a practitioner's handbook / / edited by Robert Holman Coombs
Pubbl/distr/stampa	Thousand Oaks, Calif. ; ; London, : SAGE, c2001
ISBN	1-5063-2080-5 1-322-41776-8 0-7619-2066-8 1-4522-6684-0
Descrizione fisica	1 online resource (425 p.)
Altri autori (Persone)	CoombsRobert H
Disciplina	616.8606
Soggetti	Substance abuse - Prevention Substance abuse - Treatment Addicts - Rehabilitation Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Preface; PART I: MOTIVATIONAL TOOLS; 1 - Motivational Intervention; 2 - Motivational Interviewing; 3 - Computer-Assisted Interventions; PART II: MEDICAL PHARMACEUTICAL TOOLS; 4 - Detoxification; 5 - Medications; 6 - Disease Orientation; 7 - Drug Testing; PART III: COGNITIVE-BEHAVIORAL TOOLS; 8 - Recovery Contracts; 9 - Contingency Management; Cue Exposure Treatment.; 10 - Cue Exposure Treatment; 11 - Affect-Regulation Coping-Skills Training; PART IV: PSYCHOSOCIAL TOOLS; 12 - Lifestyle Planning and Monitoring; 13 - Individual Therapy; 14 - Group Therapy; 15 - Peer Support 16 - Family TreatmentPART V: HOLISTIC TOOLS; 17 - Nutritional Counseling; 18 - Meditation; 19 - Spirituality Enhancement; 20 - Acupuncture; PART VI: USING RECOVERY TOOLS IN VARIOUS SETTINGS AND PROGRAMS; 21 - Harm Reduction Programs; 21 - Harm Reduction Programs; 22 - Matching Clients With Recovery Tools; INDEX; About the Editor; About the Contributors
Sommario/riassunto	This practical handbook gathers addiction recovery tools (both eastern

and western) into one single volume and provides practitioners with an easy-to-read how-to book on when and how to use the different recovery tools available.

2. Record Nr.

	UNINA9910764190903321
Titolo	Anorexia and bulimia nervosa / / edited by Hubertus Himmerich, Ignacio Jauregui Lobera
Pubbl/distr/stampa	London : , : IntechOpen, , [2019] ©2019
Descrizione fisica	1 online resource (192 pages) : illustrations
Disciplina	616.85262
Soggetti	Anorexia nervosa
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Sommario/riassunto	The prevalence of eating disorders such as anorexia and bulimia nervosa is growing, and these disorders are affecting adolescents and young adults at increasingly younger ages. This has led to a greater number of patients presenting to health services. Although novel therapeutic approaches have been introduced in recent decades, the mortality rates of patients with anorexia and bulimia nervosa remain alarmingly high. The course of anorexia nervosa in particular is often chronic and can lead to persistent disability. This book covers the clinical features and symptoms, neurobiology, pathophysiology, and current and potential future treatment options for both anorexia and bulimia nervosa. It also highlights the important aspects of support for families and their perspectives on these disorders.