

1. Record Nr.	UNINA9910763964603321
Titolo	National Strength & Conditioning Association journal
Pubbl/distr/stampa	Colorado Springs, CO, : National Strength & Conditioning Association, , 1983-1992
ISSN	2379-0784
Disciplina	613.711
Soggetti	Physical fitness Physical education and training Weight training - Physiological aspects Bodybuilding Muscle strength Culturisme Force musculaire Éducation physique Musculation - Aspect physiologique Periodicals.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Periodico