1.	Record Nr. Autore Titolo Pubbl/distr/stampa ISBN	UNINA9910760498303321 Maxwell Hazel Exploring the Leisure - Health Nexus : Pushing Global Boundaries Oxford : , : CAB International, , 2022 ©2022 1-78924-815-9 1-78924-816-7
	Descrizione fisica	1 online resource (281 pages)
	Altri autori (Persone)	McGrathRichard YoungJanette PeelNicole AndersonLynn Bowen-SalterHolly BurridgeNina DarcySimon DashperKatherine DaviesChristina
	Disciplina	306.4812
	Soggetti	Leisure Recreation Health
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Nota di contenuto	Intro Halftitle Title Copyright Contents Preface Acknowledgements Contributors Introduction Part 1 Population Groups and Identities 1 A Strengths and Hope Perspective on Leisure, Health and Physical Cultural Practices of Indigenous Women: Stories of Wellbeing from Canada and Australia 2 Disability and the Arts: Inclusive Practice for Health and Wellbeing 3 Broken Record: The Leisure-Health Nexus in Prison 4 Physical Activity, Meaning and Migrant Women: Understanding Leisure and Health Experiences 5 Leisure, Meaning and Experiences of Older People 6 When Laughter in Physical Activity Opens the Door to the Kingdom of Freedom: Danish Seniors on the Move Towards Improved

	Health Part 2 New Framings of Health-Leisure or Leisure-Health 7 The Art of Being Healthy: How Recreational Arts Engagement Impacts Health and Wellbeing 8 Intersection Between Art and Health Evolution 9 Sport for Development and Health: Rethinking the Interconnections 10 Pets and People. Whose Leisure? Whose Health? Part 3 Leisure and Health on a Global Scale 11 Leisure and the Environment: An Ecological Perspective on Wellbeing 12 Climate Change, Leisure and Health: The Double-edged Sword of Leisure and the Environment 13 Conclusion: the Pandemic and Future Directions Index Backcover.
Sommario/riassunto	This book explores the intersections between leisure and health. It reveals and critiques the nuanced ways that leisure impacts health and considers how health professions use leisure as 'tool'. Case studies present developing leisure and health themes, in relation emerging environmental, health and societal challenges that confront the world.