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Nota di contenuto	Intro -- Polyphenols -- Contents -- List of Contributors -- Preface -- 1 Food Polyphenols: Antioxidant Properties and Health Benefits -- 2 Plant Polyphenols as Nutraceuticals and Their Antioxidant Potentials -- 3 Polyphenols: Plant-based Nutraceuticals in Human Health -- 4 Nanotechnological Approach in Nutraceuticals -- 5 Polyphenols: Nutraceutical and Nanotherapeutic Approaches -- 6 Polyphenols in Food Products - Nutraceutical Applications -- 7 Functionalization of Food Polyphenols for Nanodeliveries -- 8 Nanodeliveries of Food Polyphenols as Nutraceuticals -- 9 Polyphenol Rich Extracts from Spices and Nanodelivery Systems -- 10 Nanodelivery of Polyphenols as Nutraceuticals in Anticancer Interventions -- 11 Nanodelivery of Polyphenols as Nutraceuticals for CNS Disorders -- 12 Nanodelivery of Polyphenols as Nutraceuticals for Neurological Disorders -- 13 Addressing Antimicrobial Resistance by Repurposing Polyphenolic Phytochemicals with Novel Antibacterial Potential -- 14 Toxicity of Polyphenols Consumed as Food and Nutraceuticals: Remedies through Nanotherapeutic Approaches -- 15 Nanodelivery of Food Polyphenols for Nutraceutical Applications -- 16 Polyphenols in Food Products and

