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Titolo	Post-maternity Body Changes [[electronic resource] ] : Obstetric Fundamentals and Surgical Reshaping // edited by Mónica Gomes-Ferreira, Jesús Olivas-Menayo
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Altri autori (Persone)	Olivas-MenayoJesús
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Nota di contenuto	From Pregnancy to Birth -- Postpartum Period and Preoperative Consultation -- Postpartum Skin Recovery and Restauration -- Breast Treatments After Pregnancy and Breastfeeding -- Postpartum Abdominal Treatments -- Genitalia Restoration After Pregnancy and Delivery -- Pelvic Floor After Pregnancy and Delivery -- Lower Body and Thigh Reshaping.
Sommario/riassunto	This book is the first to assess the science and techniques used to restore women's figures after pregnancy and breastfeeding, and to explore the anatomical changes in different parts of the body. Post-maternity procedures are the result of a constantly evolving field at the intersection of gynecology and plastic surgery, and consist of a personalized set of surgical and non-surgical cosmetic treatments designed to help women to regain or improve upon their pre-pregnancy appearance. Leaders in the field shed new light on the science behind the natural changes to the body during and after pregnancy, helping readers understand which changes can be treated, and which ones should instead be respected. Divided into sections that

anatomically assess the changes in the different parts of the body after pregnancy and breastfeeding, the book clarifies surgical procedures but also investigates the latest non-surgical treatments to improve women's body image. Moreover, readers will learn about the most relevant aspects of psychology and sexuality recovery treatment after pregnancy. Covering all aspects of the evolution and involution of the female body, the book offers essential information for those readers who want to learn about the changes accompanying pregnancy. It will also benefit residents and specialists in gynecology and plastic surgery, helping them understand how and why performing post-maternity procedures can be challenging for young and veteran doctors alike. In addition, it offers an important resource for fellowships in body shaping techniques and an invaluable reference guide for those readers who wish to specialize in post-maternity procedures.

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