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Nota di contenuto Part I. Footsteps of Time Pursuit: Survey Methods and General Situation

Part II. Busy Chinese People: Balance Between Work and Family -- Chapter 1. Office workers in a hurry -- Chapter 2. Gender Differences in Unpaid Labour -- Chapter 3. The "Backing home" Women -- Chapter 4. Time Use of Disadvantaged Group -- Part III. Winning at the Starting Line: Education and Development in China -- Chapter 1. Equity in Education from the Perspective of Time Utilization of School-age Children -- Chapter 2. Equity in Education from the Perspective of Family Child Care Time Input -- Chapter 3. Are children lack of sleeping? -- Chapter 4. "Happy" College Students Part IV. After Work:

-- Chapter 1. Survey Methods -- Chapter 2. Overview of Time Use --

The Pursuit of Quality of Life -- Chapter 1. Social Differences in Leisure Societies -- Chapter 2. Are Chinese Elders Happy -- Chapter 3.

Chinese-style Couples -- Chapter 4. The Impact of Mobile Phone Use on

Residents Time Utilization.

Sommario/riassunto

This book analyzes how Chinese people use their time, including how busy Chinese seek a healthy work-life balance, how some children win from the outset in terms of education, and how people pursue quality of life outside of or after work. General readers will get a vivid and detailed impression of the way Chinese people spend their time, while researchers will find a wealth of phenomena and data for analysis from both economic and social perspectives. The research presented here was conducted in the context of the Chinese Time Use Survey (CTUS), a nationwide initiative launched by Inner Mongolia University in 2017. The CTUS covers 29 Chinese provinces, and the database contains the time use information of 30,591 people aged 3 years and over from 12,471 households. The survey collects information at three main levels: personal, family and community.