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| Nota di contenuto       | Part I: Fulfillment -- Chapter 1: How We View Work: A Historical Perspective -- Chapter 2: Soft Skills as a Conscious Choice to Greater Collaboration at Work -- Chapter 3: Meaning at Work: Dimensions, Implications and Recommendations -- Chapter 4: Spiritual Guidance in the Personal Efficacy of Work -- Chapter 5: An Analysis of Consumers' Thrifting Practices as an Act of Eudaimonia -- Chapter 6: The Role of Dignity in Workplace Well-Being: A Relational Cultural Perspective -- Chapter 7: The Promise and Limits of Self-employment as a Path to Fulfillment and Well-being at Work -- Chapter 8: Shepherding Engineering Leadership: a combined approach to leading and creating employee engagement -- Part II: Wellness -- Chapter 9: From Organizational Oneness to Organizational Wellness: The Role of Individuals, Teams, and Organizations from a Whole Systems Framework -- Chapter 10: Inside Job: Exploring Meaningful Work |

Through Creative-Spiritual Agency -- Chapter 11: Embracing inclusive leadership for collaborative healthcare work environments: Fostering wellness in ambivalent situations -- Chapter 12: Empathy as a Wellness Driver in the Workplace -- Chapter 13: Making a Workplace a Happy One: Benefits and Risks of Remote Work in a Socio – Philosophical Perspective -- Chapter 14: Coping with stress: the importance of individual resilience and work tasks complexity and unpredictability -- Chapter 15: Precarious workers' wellbeing: identity development through online discourses of quiet quitting -- Chapter 16: Significant Measures of Ancient Indian Ethos towards Wellness and Growth in the Workplace -- Chapter 17: Entrepreneurship: An Auspicious Context for Examining its Connection to Wellbeing -- Chapter 18: Motivating Latin American Employees in the 21st Century -- Chapter 19: Embracing Stigma? Finding Workplace Dignity in Dirty Work -- Chapter 20: Why Workplace Peer Coaching Groups are Vital for the Corporate Culture of the Future -- Chapter 21: Leading Individual and Collective Well-Being for Planetary Health -- Chapter 22: Employee Boundary Management Practices and Challenges -- Chapter 23: Strategic Changes toward Engagement, Wellness and Growth -- Part III: Personal Growth -- Chapter 24: Conscious Practices Toward Personal and Collective Growth -- Chapter 25: Individual Resilience in a Volatile Work Environment -- Chapter 26: ReVisioning the Way We Work: Organizational Creative Capacity and Expanded Cultures of Care -- Chapter 27: Conceptualizing Passion as an Entrepreneurial Pathway -- Chapter 28: Adding the "J" for Justice: Why and How Executive Education Can Center Social Justice in Diversity, Equity, Inclusion (DEI) Training for Corporate Leaders -- Chapter 29: Workforce Members with Disabilities: An Underutilized Talent Pool for Mutual Growth -- Chapter 30: Servant Leadership: An Inextricable Technique and Persuasive Criterion for Emerging Leaders -- Chapter 31: Leader Growth & Development: Authenticity Enablers and Stumbling Blocks -- Chapter 32: Reducing the Barriers to Flow Experience through Development of Consciousness -- Chapter 33: Conscious Business Performance in a Global Village.

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#### Sommario/riassunto

This handbook discusses the role of sustainability, well-being and growth in engagement and purpose at work. When employees are dissatisfied with their job, they tend to be disengaged and less productive. Given the correlation between job satisfaction and job performance, organizations are looking for ways to increase employee engagement and productivity. Divided into three sections, this work opens with an examination of the concept of work, then discusses fulfillment of workforce members at mental, emotional, and spiritual levels. The next section on wellness explores drivers that advance interhuman approaches and trends, including meaning, leadership, happiness, resilience, and motivation. The last section focuses on personal and professional growth through the cultivation of an entrepreneurial mindset, but also justice, equity, and interactive flourishing through the promotion of positive trends or the conscious reduction of toxic ones. With contributions from a global cluster of scholars, this book offers readers broad perspectives on the potential nature of work as a gratifying vocation. It will serve as a horizon-expanding reference for those researching topics related to meaningful work and workplace fulfillment and thriving. Joan Marques is Dean of the School of Business and Professor of Management at Woodbury University, USA. Her research interests pertain to Awakened Leadership, Buddhist Psychology in Management, Business Ethics, and Workplace Spirituality. She has written more than 150 scholarly articles and has (co)-authored more than 35 books.

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