1. Record Nr. UNINA9910741159703321

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Titolo	Character Strengths and Abilities Within Disabilities : Advances in Science and Practice / / by Ryan M. Niemiec, Dan Tomasulo
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2023
ISBN	3-031-36294-2
Edizione	[1st ed. 2023.]
Descrizione fisica	1 online resource (xviii, 203 pages) : illustrations
Collana	Positive Psychology and Disability Series, , 2946-5109
Disciplina	179.9
Soggetti	Developmental psychology Social psychiatry Public health Positive psychology Developmental Psychology Developmental Disabilities Clinical Social Work Public Health Positive Psychology Caràcter Persones amb discapacitat Llibres electrònics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Section 1. Foundations for Character Strengths and Disabilities -- Chapter 1. Introduction to Strengths-Based Approaches and Disability -- Chapter 2: Ability, Well-Being, and Resilience in Individuals with Disabilities -- Sections 2. Character Strengths for Specific Disabilities -- Chapter 3: Intellectual Developmental Disorder and Character Strengths -- Chapter 4: Dual Diagnosis and Character Strengths -- Chapter 5: Trauma, Disabilities, and Character Strengths -- Chapter 6. Psychological Disorders and Character Strengths -- Chapter 7: Physical Disabilities, and Character Strengths -- Chapter 8: Medical Disorders, Health, and Character Strengths -- Section 3. Special Topics and

Character Strengths -- Chapter 9: Justice, Equity, Diversity, and Inclusion (JEDI) and Intellectual Developmental Disorder -- Chapter 10: Spirituality, Meaning, and Intellectual Developmental Disorder.

Sommario/riassunto

This book examines the science and practice of character strengths as the backbone for understanding, studying, and applying positive interventions across a wide range of disabilities. It explores character strengths as positive personality qualities most central to an individual' s identity that create positive outcomes for building well-being and managing adversities and contribute to the collective good. The book recognizes disability as a part of the human experience that can emerge for anyone and the necessity for examining and applying strengths-based approaches. It explores what is known about character strengths and various disabilities from a science and practice perspective. The book reviews research on the assessment, correlations, concepts, populations, and applications of character strengths across disabilities. It disseminates disparate research and little-known best practices and hypothetical practices, along with multiple case examples, in the effort to advance the science and practice, bring a balanced approach to the field, and contribute to human flourishing. Key topics of coverage include: Attention-deficit/hyperactivity disorder (ADHD) and character strengths. Intellectual and physical disabilities, medical illness and character strengths. Mental and emotional disorders (e.g., trauma) and character strengths. Character strengths and disability across special issues including justice, inclusion, dual-diagnosis, and spirituality. Understanding character strengths as internal capacities and abilities across disabilities, problems, and suffering. Character Strengths and Abilities Within Disabilities is an essential and valuable resource for researchers, professors, clinicians, practitioners, and therapists as well as graduate students in the fields of developmental and positive psychology, rehabilitation, social work, special education, occupational, speech and language therapy, public health, and healthcare policy.