

1. Record Nr.	UNINA9910154352903321
Autore	Santi Jenny
Titolo	The Giving Way to Happiness : Stories and Science Behind the Life-Changing Power of Giving
Pubbl/distr/stampa	East Rutherford : , : Penguin Publishing Group, , 2015 ©2015
Edizione	[1st ed.]
Descrizione fisica	1 online resource (265 pages)
Classificazione	SEL016000BUS074000
Altri autori (Persone)	ChopraDeepak
Disciplina	179/.9
Soggetti	Generosity
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	1 Of Drugs and Donations -- 2 The Pursuit of Purpose -- 3 From Career to Calling -- 4 From Trauma to Triumph -- 5 The Foundation of a Family -- 6 From Success to Significance -- 7 Your Turn.
Sommario/riassunto	"We often focus on how our gifts can help those in need. But the act of giving actually improves our own lives as well. In The Giving Way to Happiness, Jenny Santi overturns conventional thinking about what it takes to be happy by revealing how giving to others--whether in the form of money, expertise, time, or love--has helped people from all walks of life find purpose and joy. Drawing on the wisdom of great thinkers past and present, as well as cutting-edge scientific research, Santi makes an eloquent and passionate case that oftentimes the answers to the problems that haunt us, and the key to the happiness that eludes us, lie in helping those around us. This book is filled with inspiring stories told firsthand by Academy Award winner Goldie Hawn, Noble Peace Prize winner Muhammad Yunus, supermodel Christy Turlington Burns, Teach for America founder Wendy Kopp, philanthropist Richard Rockefeller, environmentalist Philippe Cousteau, activist Ric O'Barry, bestselling author Isabel Allende, ALS survivor Augie Nieto, and many others from all over the world. Despite their diverse backgrounds, they have all found unexpected happiness and fulfillment through giving. This book tells us not just how they changed the world but also how their acts changed their very own lives. In addition, Santi reveals: - How altruism involves far more than

suppressing basic selfish urges. Rather, we are wired to give, as it activates the same pleasure centers of the brain stimulated by food, sex, and drugs - How helping others--whether by walking a friend through a struggle that you've also experienced or by supporting a cause to honor a loved one's memory--can be a healthy way to deal with adversity and process grief - The unexpected reasons why those who "gave it all up" to make a difference, and who face the direst situations, are nevertheless some of the happiest, most fulfilled, and least angst-ridden people you'll ever meet. - Practical, universally applicable lessons on what kind of giving makes people happy and what doesn't. How do you discover giving that is unique to you and makes you feel good? In this inspiring book, Santi turns conventional wisdom upside down about what it takes to be happy and reveals the surprising reasons that have led so many people to live lives full of meaning, purpose and happiness"--
"Jenny Santi overturns conventional thinking about what it takes to be happy by revealing how people find purpose and joy in giving"--

2. Record Nr.	UNINA9910741141003321
Autore	Holea Martin
Titolo	Classification Methods for Internet Applications / / by Martin Holea, Petr Pulc, Martin Kopp
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2020
ISBN	3-030-36962-5
Edizione	[1st ed. 2020.]
Descrizione fisica	1 online resource (290 pages)
Collana	Studies in Big Data, , 2197-6503 ; ; 69
Disciplina	025.42
Soggetti	Computational intelligence Data mining Mathematical statistics Pattern perception Computational Intelligence Data Mining and Knowledge Discovery Probability and Statistics in Computer Science Pattern Recognition
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa

Livello bibliografico**Monografia****Nota di bibliografia**

Includes bibliographical references.

Nota di contenuto

Important Internet Applications of Classification -- Basic Concepts Concerning Classification -- Some Frequently Used Classification Methods -- Aiming at Predictive Accuracy -- Aiming at Comprehensibility -- A Team Is Superior to an Individual.

Sommario/riassunto

This book explores internet applications in which a crucial role is played by classification, such as spam filtering, recommender systems, malware detection, intrusion detection and sentiment analysis. It explains how such classification problems can be solved using various statistical and machine learning methods, including K nearest neighbours, Bayesian classifiers, the logit method, discriminant analysis, several kinds of artificial neural networks, support vector machines, classification trees and other kinds of rule-based methods, as well as random forests and other kinds of classifier ensembles. The book covers a wide range of available classification methods and their variants, not only those that have already been used in the considered kinds of applications, but also those that have the potential to be used in them in the future. The book is a valuable resource for post-graduate students and professionals alike.