

1. Record Nr.	UNINA9910737283203321
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Titolo	A cultural history of twin beds // Hilary Hinds
Pubbl/distr/stampa	2020 Abingdon, Oxon : , : Routledge, , 2020 ©2019
ISBN	9781003084327 100308432X 9781000182088 1000182088 9781000185263 1000185265 9781350045446 1350045446
Edizione	[1 ed.]
Descrizione fisica	1 online resource (262 pages) : illustrations
Collana	Home.
Classificazione	SOC002000SOC002010
Disciplina	645.409
Soggetti	Beds - Social aspects Beds - History
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"First published 2019 by Bloomsbury Academic."
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	List of FiguresSeries Preface: Why Home? AcknowledgementsIntroduction: At Home with Twin Beds1. Double or Twin?Part One: Hygiene 2. Air in the Bedroom3. Vital Force4. Coda: Modern SleepPart Two: Modernity5. Anti-Victorianism and the Modern Home6. Modern by Design7. Coda: The Mise-en-Scene of Modern MarriagePart Three: Marriage8. At Home with a Stranger9. Marie Stopes and Modern Marriage10. Late Victorian Marital Advice11. Abstinence and Ambivalence12. Twin Beds: The Literary VerdictConclusion: Together and ApartNotesReferencesIndex
Sommario/riassunto	A Cultural History of Twin Beds challenges our most ingrained assumptions about intimacy, sexuality, domesticity and hygiene by tracing the rise and fall of twin beds as a popular sleeping arrangement for married couples between 1870 and 1970. Modern preconceptions

of the twin bed revolve around their use by couples who have no desire to sleep in the same bed space. Yet, for the best part of a century, twin beds were not only seen as acceptable but were championed as the sign of a modern and forward-thinking couple. But what lay behind this innovation? And why did so many married couples ultimately abandon the twin bed? In this book, Hilary Hinds presents a fascinating insight into the combination of beliefs and practices that made twin beds an ideal sleeping solution. Using nuanced close readings of marriage guidance and medical advice books, furnishing catalogues, novels, films and newspapers, this volume offers an accessible and rigorous account of the curious history of twin beds. This is vital reading for those with an interest in cultural history, sociology, anthropology and psychology.
