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	Titolo	Mediating Role of Social Media on Youth's Psychological Well-Being : A Machine-Generated Literature Overview / / edited by Ashwini Kothambikar
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	ISBN	3-031-34382-4
	Edizione	[1st ed. 2023.]
	Descrizione fisica	1 online resource (173 pages)
	Disciplina	302.231
	Soggetti	Developmental psychology
		Mental health
		Well-being
		Personality
		Difference (Psychology)
		Developmental Psychology
		Mental Health
		Well-Being
		Personality and Differential Psychology
		Xarxes socials
		Salut mental
		Joves
		Llibres electrònics
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Nota di contenuto	1. Increasing use of social media during the pandemic -- 2. Growing social media addiction among youth -- 3. Impact of Social media on youth's mental health -- 4. Influence of Big-5 personality traits on the use of social media -- 5. Mental Health Awareness through social-media.
	Sommario/riassunto	This book is the result of a collaboration between a human editor and an artificial intelligence algorithm to create a machine-generated literature overview of research articles analyzing the mediating role of social media on the psychological wellbeing of youth. It's a new

publication format in which state-of-the-art computer algorithms are applied to select the most relevant articles published in Springer Nature journals and create machine-generated literature reviews by arranging the selected articles in a topical order and creating short summaries of these articles. In this volume, a human counsellor psychologist used the algorithm to explore articles that present results of research about the impacts of social media on the psychological wellbeing of youth. The Internet has always been popular among youth, but during the pandemic it has attracted even more attention since many aspects of life further migrated to the digital world, thus adding substantially to Internet's ever-increasing popularity. Today, youth spend a majority portion of their time on the Internet and an increasing amount on social media. In such digitally dependent times, this book attempts to provide insights on the positive and negative impact of the Internet and social media on youth mental health, and also provides specific observations on personality traits.