Record Nr.	UNINA9910734099603321
Titolo	Neurophenomenology and Its Applications to Psychology / / edited by Susan Gordon
Pubbl/distr/stampa	New York, NY:,: Springer New York:,: Imprint: Springer,, 2013
ISBN	1-4614-7239-3
Edizione	[1st ed. 2013.]
Descrizione fisica	1 online resource (227 p.)
Disciplina	150 150.1 153 501
Soggetti	Cognitive psychology Philosophy and science Psychology Cognitive Psychology Philosophy of Science General Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Enactive Cognition and the Neurophenomenology of Emotion Neurophenomenological Praxis: Its Applications to Leaning and Pedagogy Cognitive Phenomenology in the Study of Tibetan Meditation: Phenomenological Descriptions vs. Meditation Styles Déjà Vu: William James on "The Brain and the Mind,"1878 Psychoneurointracrinology: The Embodied Self.

University, New Haven, CT "A heady mix of articles that elucidates the 'hard problem' of mind/brain interrelations and travels some distance in closing the circle of psychology on neuroscience." Edward Mendelowitz, Ph.D., Saybrook University, San Francisco, CA "This volume accomplishes the elegant and timely synthesis of phenomenology, transpersonal and humanistic-somatic psychologies as they apply to contemporary neuroscience. Beginners and advanced scholars will benefit greatly." Aaron L. Mishara, Ph.D., Psy.D., Sofia University. Palo Alto, CA The nature of consciousness and the self, the mind's role in informing the brain, the experience of personal growth: all are ideas mainly associated with philosophy rather than hard science. In response, Neurophenomenology and Its Applications to Psychology translates integrative concepts in neurophenomenology into terms that are clearest and most useful to students and practitioners across psychological disciplines. Removing conceptual barriers that have traditionally kept cognitive and emotional phenomena relegated to separate areas of the brain, these groundbreaking models present existential-phenomenological and humanistic-transpersonal perspectives in neuroscience context for real-world usefulness. The book demonstrates the potential of the field to transform psychology at both experimental and practical levels as it: Synthesizes neurobiological, cognitive, and experiential approaches into a neurophenomenology of emotion. Applies neurophenomenology to the processes of thinking and learning. Analyzes cognitive changes during meditation and their implications for psychology. Revisits William James' "The Brain and the Mind." Introduces the embodied self, a psychoneurointracrinological link between mind/brain. Neurophenomenology and Its Applications to Psychology encourages dialogue among humanistic psychologists, phenomenologists, philosophers, cognitive neuroscientists, and graduate and postgraduate students in these fields to take further steps toward a fully human psychology.