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Altri autori (Persone)	KohKyung Bong
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Nota di contenuto	Part I Basic Understanding for Somatization -- Chapter 1 Identity of Somatoform Disorders: Comparison with Depressive Disorders and Anxiety Disorders -- Part II Theoretical Approaches to Mind and Body -- Chapter 2 Toward a Philosophy of Life to Underpin Personhood in Medicine -- Part III Biopsychosociocultural Mechanisms in Psychosomatic Medicine -- Chapter 3 Genes, Memes, Culture, and Psychosomatic Medicine: An Integrative Model.-Chapter 4 Alexithymia and Somatic Symptoms -- Chapter 5 Culture and Somatic Symptoms: Hwa-byung, A Culture-Related Anger Syndrome -- Chapter 6 Molecular Mechanism of Sleep-Wake Regulation: from Basic to Translational Research -- Part IV Practical Approaches to Patients and Family -- Chapter 7 Psychosomatic Approach to Clinical Practice -- Chapter 8 Emotional Intelligence, Alexithymia and the Doctor-Patient Relationship -- Chapter 9 Effective Approach to Somatization Assessment and Management.-Chapter 10 Role of Complementary and Alternative Medicine in Psychosomatic Medicine -- Chapter 11 Family Assessment and Intervention for Physicians -- Part V Specific Psychosomatic Symptoms -- Chapter 12 Pain, Depression and Anxiety: a Common Language of Human Suffering -- Chapter 13 Psychosomatic Aspects of Fibromyalgia -- Chapter 14 A Psychosomatic Approach to the Treatment of the Difficult Chronic Pain Patient -- Part VI Specific Psychosomatic Disorders -- Chapter 15 Stress-Induced Cardiomyopathy: Mechanism and Clinical Aspects -- Chapter 16 Poststroke Depression: Mechanisms and Management.-Chapter 17

Cancer in a Psychosomatic Perspective -- Chapter 18 Psychosocial Aspects of Breast Cancer: Focus on Interventions -- Part VII Specific Therapeutic Interventions and Biological Effects of Interventions -- Chapter 19. Motivational Interviewing in Psychosomatic Medicine -- Chapter 20 Wisdom and Wisdom Psychotherapy in Coping with Stress -- Chapter 21 Current Advances in the Psychopharmacology of Psychosomatic Medicine -- Chapter 22 Emotion, Interventions and Immunity.

Sommario/riassunto

In these uncertain and disquieting times, clients presenting with stress problems are on the rise. Common, too, are those pains that refuse to go away--stomachaches, chest pains, and headaches that fall through the diagnostic cracks and resist appropriate interventions. *Somatization and Psychosomatic Symptoms* brings theoretical clarity and frontline expertise to these challenging cases, offering integrative approaches and clinical tools. This comprehensive reference addresses not only the assessment and treatment of chronic physical complaints but also explores the mechanisms that underlie them, expanding on current perspectives to create a biopsychosociocultural lens for practice. Specific symptoms and disorders are examined in depth, including stress-induced cardiomyopathy, post-stroke depression, and fibromyalgic pain. On the practice side, chapters review a gamut of interventions (from relaxation and mindfulness to systems and cognitive-behavioral), the therapeutic relationship, and the latest findings from psychopharmacology. Included in the coverage: A comparison of somatoform disorders with depressive and anxiety disorders. Genes, memes, culture, and psychosomatic medicine: an integrative model. Complementary and alternative treatment in psychosomatic medicine. Pain, depression, and anxiety: a common language of suffering. Motivational interviewing in psychosomatic medicine. Cancer: a psychosomatic perspective. With its innovative takes on mind-body medicine, *Somatization and Psychosomatic Symptoms* will enhance the work of a wide range of professionals, among them psychiatrists, physicians, health and clinical psychologists, and rehabilitative medicine specialists.
