

1. Record Nr.	UNINA9910731471403321
Autore	Glebova Tatiana
Titolo	Sociocultural Trauma and Well-Being in Eastern European Family Therapy // edited by Tatiana Glebova, Carmen Knudson-Martin
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2023
ISBN	3-031-29995-7
Edizione	[1st ed. 2023.]
Descrizione fisica	1 online resource (133 pages)
Collana	AFTA SpringerBriefs in Family Therapy, , 2196-5536
Altri autori (Persone)	Knudson-MartinCarmen
Disciplina	302.0947
Soggetti	Psychotherapy Systemic therapy (Family therapy) Educational psychology Clinical psychology Public health Social psychiatry Systems or Family Therapy Educational Psychology Clinical Psychology Public Health Clinical Social Work Traumes psíquics Teràpia familiar sistèmica Benestar Llibres electrònics Europa de l'Est
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Chapter 1. An Introduction to Sociocultural Trauma and Its Impact on Relational Well-Being -- Chapter 2. A Contextual Approach to Historical Intergenerational Trauma and Hope in Hungary -- Chapter 3. Sociocultural Trauma and Resilience Among Marginalized Families in Moldova -- Chapter 4. Healing from Collective Sociocultural Trauma in Romania: Identity, Security, and Belonging -- Chapter 5. Overcoming

Complex Sociocultural Trauma and Building Relational Trust and Justice in Russia -- Chapter 6. Sociocultural Traumatization and Resilience in 21st Century Serbian Family Relations -- Chapter 7. Intergenerational Effects of Sociocultural Trauma in Eastern Europeans -- Chapter 8. Future Direction in Research and Clinical Practice with Sociocultural Trauma in Eastern Europeans.

Sommario/riassunto

This book examines the effects of sociocultural trauma throughout the 20th century on interpersonal and family relationships in five Eastern European countries, drawing on the perspectives of mental health practitioners. Chapters employ a systemic perspective to explore the unique social, political, and cultural contexts that influence relationships in each country with a particular focus on implications for psychological and relational well-being. The volume demonstrates the importance of examining the cultural and sociocontextual nuances and complexity that may influence the impact of historical events on relationships, elucidating similarities and differences among countries in how the collective trauma has influenced them. It assists family therapists and other mental health practitioners in recognizing cultural and social factors that may influence their work with families, individuals, or couples living in these countries or who have immigrated from them. Key areas of coverage include: Descriptions of each country's experience of sociocultural trauma and the current social-cultural-economic-political contexts. Impact of trauma on interpersonal relationships across various social locations and national and ethnic identities within the existing borders. Current challenges, recommendations for clinical practice, and future directions for research and practice. Sociocultural Trauma and Well-Being in Eastern European Family Therapy is an essential resource for clinicians, therapists, and practitioners as well as researchers, professors, and graduate students in family studies, clinical psychology, and public health as well as all interrelated disciplines.
