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Nota di contenuto	Chapter 1. Introduction: What is Action Research? Part 1: The emergence of Action Research Chapter 2. The Founding Fathers - Moreno, Collier, Lewin Chapter 3. Pragmatic and Participatory Action Research – the Northern and Southern Traditions Part 2: Subjectivity, Democracy, and Action Research Chapter 4. The Lewinian Tradition

	Chapter 5. The Northern Tradition of pragmatic Action Research Chapter 6. The Southern Tradition Part 3: Klaus Holzkamp and the Concept of Subjectivity Chapter 7. What is German Critical Psychology? Chapter 8. Subjectivity and Democracy in the Tradition of German Critical Psychology Part 4: Action Research and Practice Research Chapter 9. New grounds for Action Research?.
Sommario/riassunto	This book examines the theoretical developments in the field of Action Research from a historical perspective. The central focus of the investigation is the concepts of democracy and subjectivity as defined by the field's various traditions. To address this issue, this book offers a thorough investigation of the theoretical and historical underpinnings of Action Research in order to argue that such a clarification allows for a transcendence of the distinction between theory and practice in political action. This transcendence will be achieved with the theories of the German critical psychologist Klaus Holzkamp and his interpretation of subjectivity and democracy. Holzkamp establishes a comprehensive mode of change based on the contradiction of existing possibilities for action and restrictions in a concretely given empirical situation. This book is aimed at History of Psychology Classes, Social Workers, Activism Researchers, Undergraduate Courses in Critical Thinking and Political Action, and Decolonial Theory in Psychology.