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and Externalizing Symptoms -- 4 Discussion -- 5 Limitations -- 6 Implications and Future Directions -- References -- The Effect of Manipulations and Time on Episodic Memory: Investigation with Movies -- 1 Introduction -- 2 Methods -- 2.1 Experiment Procedure: The Original Study -- 2.2 Data Analysis: The Present Study -- 3 Result -- 4 Discussion -- 4.1 The Effect of Manipulations on Stimuli -- 4.2 The Effect of Time Sessions -- 5 Conclusion -- References -- Psychological Predictors of Credit Risk in Microcredit: A Microlending Case Study from Mongolia -- 1 Introduction -- 2 Methodology -- 2.1 Instrument Development -- 2.2 Participants and Procedure -- 2.3 Data Analysis -- 3 Results -- 3.1 The Associations Between Psychological and Financial Literacy Factors and Credit Overdue days -- 3.2 The Associations Between Psychological and Financial Literacy Factors and Credit Delinquency, Default, and Normal Repayment Groups -- 3.3 The Associations Between Psychological and Financial Literacy Factors and Overall Loan History-Based Clusters -- 4 Discussion -- 5 Limitations, Implications, and Future Directions -- 6 Conclusion -- References -- Online Learning and University Students' Anxiety During the Covid-19 Pandemic. 1 Introduction -- 2 Theoretical Framework -- 2.1 Anxiety and Online Learning -- 2.2 Other Anxieties (Computer, Mathematics, State-Trait, Covid-19 Pandemic Situation) -- 2.3 Purpose of Study -- 3 Methods -- 3.1 Sample and Procedure -- 3.2 Measures -- 3.3 Data Analyses -- 4 Results -- 4.1 Descriptive Statistics -- 4.2 Modelling Online Learning Anxiety -- 5 Discussion -- References -- Psychological Well-Being in Highly Sensitive People -- 1 Introduction -- 2 Method -- 2.1 Participants and Procedure -- 2.2 Measures -- 2.3 Analytical Plan -- 3 Results -- 3.1 Study 1 -- 3.2 Study 2 -- 4 Discussion -- 5 Limitations -- References -- Impact of a Digital Intervention Tool for Workplace Behavior and Emotional Wellbeing on Employees' Stress, Motivation, and Productivity -- 1 Introduction -- 2 Methodology -- 2.1 Design -- 2.2 Sample -- 2.3 Intervention -- 2.4 Research Tools -- 2.5 Data Analysis Tool -- 3 Results -- 4 Discussion -- 5 Limitations and Implication -- 6 Conclusion -- References -- Men in Dating: Exploring Indonesian Men's Experience in Dating Relationships -- 1 Introduction -- 2 Methods -- 3 Results -- 4 Discussion -- 5 Conclusion and Future Directions -- References -- Perceptions and Understanding of Digital Self-Harm: A Qualitative Analysis of Mental Health Practitioners and Parents of Adolescents -- 1 Introduction -- 2 Method -- 2.1 Participants -- 2.2 Materials -- 2.3 Procedure -- 2.4 Data Analysis -- 3 Results -- 4 Discussion -- 5 Conclusion -- References.

## Sommario/riassunto

This book is a compilation of the best papers presented at the 2022 edition of the Singapore Conference of Applied Psychology (SCAP), led by East Asia Research in Singapore in collaboration with the University of Derby in the UK and the Singapore University of Technology and Design. Chapters include research conducted by experts in the field of applied psychology from the Asia-Pacific region, and cover areas such as community and environmental psychology, psychotherapy and counseling, health, child and school psychology, and gender studies. The volume is of interest to educators, psychology researchers and practicing counselors.