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Nota di contenuto	1. Prevalent Orthopedic Injuries in Recreational Athletes after SARS-COV2 Lockdown: An Orthopedic Surgeon's Point of View in Order to Help Sport's Physicians Daily Practice -- 2. Strategic Prevention Program of Hamstring Injuries in Sprinters -- 3. Playing Surface and Injury Risk: Artificial Turf Vs. Natural Grass -- 4. Injuries in Rugby Union: A Review -- 5. Lisfranc Injury in the Athlete.
Sommario/riassunto	Injuries and Sports Medicine deals with the diagnosis, treatment, and rehabilitation of common sport-related injuries, and will be valuable for any sports medicine physician as well as anyone interested in optimizing the performance of athletes, both elite level and recreational. The authors whose contributions make up this book are all experts in their respective fields and have a passion for sports medicine and for sharing new knowledge in this discipline with the rest of the world.