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Autore	Dolan Gabrielle
Titolo	Ignite : real leadership, real talk, real results / / Gabrielle Dolan
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Soggetti	Communication in management Communication in organizations Executive coaching Executive ability Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	IGNITE; Contents; About the author; Acknowledgements; Introduction; Chapter 1 The game has changed; Understanding generation Y; They have great expectations; They are loyal; They want to have fun; They are smart cookies; Avoiding information fatigue syndrome; So what does this all mean for leaders?; Working with six degrees of separation; Three brains are better than one; Chapter 2 Finding the real you; Understanding the roles you play; Knowing your chimes; Looking at the three 'Yous'; Finding your unique self; Chapter 3 Stepping into the real you; The confidence muscle Strength in vulnerability Myth 1: Vulnerability is a weakness; Myth 2: Vulnerability is letting it all hang out; Impostor syndrome; What does it feel like?; What are the consequences?; What is the solution?; Be careful who you take advice from; Say it as it is; Acronyms; Cliches and management speak; Analogies and metaphors; Level up; Chapter 4 Communicating the real you; Your storytelling style; Your storytelling grapevine; Pull stories; Push stories; Coming up with push stories; The organisational grapevine; Strategic storytelling; Top 10 storytelling mistakes; Top tips for storytelling Tip 1: Make it personal Tip 2: Use humour wisely; Tip 3: Use emotion

over data; Tip 4: Start smart; Tip 5: End smarter; Chapter 5 Presenting the real you on stage; Start with the why; Understand the purpose for your audience; Understand the purpose for you; Your messages; 'Bumper sticker' your message; Choose your delivery style; Stories; Props; Something unusual; Power Pointlessness; Rule 1: Reduce your slides; Rule 2: Make sure your slides are legible; Rule 3: Remember a picture paints a thousand words; Rule 4: Split your presentation; Before the presentation; Well before your presentation

Prioritize practice Some tips for practice; Just before your presentation; Know your routine; Visualise success; Use power posing; During the presentation; Put the audience first; Be flexible; It's showtime!; Use your pace; Use your space; After the presentation; Thank people; Seek feedback and reflect; Strive; Chapter 6 Presenting the real you online; Taking advantage of LinkedIn; Remember first impressions count; Look at your headline and summary; Actively contribute; Publish posts that highlight your passions; Connect well; Making your website work for you; Conclusion; A final word

Stay connected Index; More praise for Gabrielle Dolan; Advert; EULA

Sommario/riassunto

Learn the authentic leadership skills that drive today's workforce to excel Ignite: Real Leadership, Real Talk, Real Results is an honest guide to achieving lasting business success by becoming a more authentic leader. Leaving behind the boring and mundane, this guide cuts to the chase with a frank and forthright style to provide insight that can radically transform your business. You'll learn how your communication style may be holding you back, and how a few simple changes can inspire your team, engage your customers, and remind you just how effective you can be. Storytelling is a powerful

2. Record Nr.	UNINA9910720095903321
Autore	EL-Mously Hamed
Titolo	Date Palm Byproducts: A Springboard for Circular Bio Economy // by Hamed EL-Mously, Mohamad Midani, Eman A. Darwish
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Collana	Materials Horizons: From Nature to Nanomaterials, , 2524-5392
Disciplina	628.74
Soggetti	Sustainability Environmental engineering Biotechnology Bioremediation Refuse and refuse disposal Environmental economics Agriculture - Economic aspects Environmental Engineering/Biotechnology Waste Management/Waste Technology Environmental Economics Agricultural Economics
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Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Cultural and Ecological Significance of the Date Palm -- The Date Palm Byproducts and Their Technological Heritage of Utilization -- Date Palm Byproducts In Enzymes, Food, Beverage, Pharmaceuticals, Cosmetics and Natural Wax -- Date palm Byproducts In Fibers, Textiles and Composites -- Date palm Byproducts For Cellulose and Cellulose Derivatives Production -- Date palm Byproducts In Timber and Wood Substitutes -- Date palm Byproducts In Architecture Isolation and Building Materials -- Date palm Byproducts In Organic Fertilizers, Compost and Soil Amendment -- Date palm Byproducts For Natural Fodder and Silage -- Date palm Byproducts For Waste Water Treatment -- Date palm Byproducts For Green Fuels and Bioenergy Production --

Other Fields of Use of Date palm Byproducts -- The Date palm As A Springboard For Circular Bioeconomy: A Biorefinery For Each Date Palm Byproduct.

Sommario/riassunto

This comprehensive book presents an alternative fresh look at date palm byproducts as a springboard for the future circular bio economy. The book shows and exemplifies how these sustainable biomaterials can be the base for a wide spectrum of products and uses. Examples of these numerous products and uses are demonstrated and categorized into five principal uses: i) pharmaceutical, cosmetics and natural wax , ii) textiles and composites, cellulose and cellulose derivatives, iii)timber and wood substitutes, architecture insulation and building materials, iv) organic fertilizer, compost and soil amendment and water treatment purposes, v) natural fodder and silage , green fuels and bioenergy.