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Titolo	Working with young women [[electronic resource] ] : activities for exploring personal, social and emotional issues // Vanessa Rogers
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Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Previous ed.: Leicester: National Youth Agency, 2006.
Nota di contenuto	FRONT COVER; Working with Young Women, Second Edition: Activities for Exploring Personal, Social and Emotional Issues; Contents; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; INTRODUCTION; 1. Setting up a Young Women's Group; Who should come?; How many?; What will the young women get out of it?; How will you measure success?; Boundaries; Ground rules; 2. Getting Started; 2.1 Paper game; 2.2 All about us; 2.3 Assumptions; 2.4 Hot seat; 2.5 Group crests; 2.6 Animal perceptions; 2.7 Against the rules!; 2.8 Who am I?; 2.9 The name game; 2.10 Pass the face; 2.11 Active listening; 2.12 Shared goals activity; 2.13 Values tree; 2.14 Bumper stickers; 3. Self-Esteem and Body Image; 3.1 Music, lines and emotions[AQ]; 3.2 Personal poems; 3.3 Chain reaction; 3.4 Advertising me; 3.5 What is beauty?; 3.6 Body image; 3.7 What makes a woman?; 3.8 Self-esteem - what is it?; 3.9 Self-esteem - Aimee's story; 3.10 Self-esteem mirror; 3.11 What shall I wear today?; 3.12 Who is confident?; 3.13 Feelings scale; 3.14 That makes me stressed!; 3.15 Assertiveness quiz; 3.16 This is my life; 3.17 Horoscopes; 4. Healthy Lifestyles; 4.1 Stress gallery; 4.2 Smoking and

the media; 4.3 Attitudes to alcohol  
 4.4 What happens next? 4.5 A big night out; 4.6 Taking risks; 4.7 Sexually transmitted infections anagrams; 4.8 Handshake; 4.9 STIs - the facts; 4.10 How safe is safe?; 4.11 STIs - a girl's guide; 4.12 Pass the parcel; 4.13 Pass it on!; 4.14 Healthy eating collage; 4.15 Food quiz; 4.16 Health services treasure hunt; 4.17 Drugs Jenga; 5. Positive Relationships; 5.1 Friendship lines; 5.2 My awards; 5.3 Gender game; 5.4 Sex and the media; 5.5 Healthy relationships; 5.6 'No means no' quiz; 5.7 I said 'NO!'; 5.8 Relationship pyramid; 5.9 Gender stereotypes and relationships; 5.10 Family messages  
 5.11 Exploring personal values 5.12 Anger and violence explored; 5.13 Passive, assertive, aggressive; 5.14 Share/not share; 5.15 Managing conflict; 6. Gender and Stereotypes; 6.1 The sleepover; 6.2 Exploring gender stereotypes; 6.3 This is what I think; 6.4 Career stereotypes; 6.5 Whose job is it?; 6.6 International Women's Day flags; 6.7 Gender facts - true or false?; 6.8 Women in parliament; 6.9 Role models activity; 7. Endings; 7.1 Positive thoughts; 7.2 The self-esteem gauntlet; 7.3 Letter to self; 7.4 Day at the beach; 7.5 Presentations; 7.6 Action planning for positive change  
 7.7 Treasured comments 7.8 Hand curtain; 7.9 Positive footsteps; 7.10 One memory...; 7.11 Positive steps circle; USEFUL WEBSITES

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## Sommario/riassunto

Packed with fun sessions and practical group activities, Working with Young Women presents a multitude of opportunities for young women to build self-esteem, confidence and assertiveness. From art activities to life story work, the author offers ideas for a wide range of projects, games, discussions, drama and role-play to engage and motivate.

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2. Record Nr.	UNINA9910716466603321
Titolo	Bridge across Mississippi River at St. Louis, Mo. February 16, 1927. -- Referred to the House Calendar and ordered to be printed
Pubbl/distr/stampa	[Washington, D.C.] : , : [U.S. Government Printing Office], , 1927
Descrizione fisica	1 online resource (2 pages)
Collana	House report / 69th Congress, 2nd session. House ; ; no. 2116 [United States congressional serial set] ; ; [serial no. 8689]
Altri autori (Persone)	MilliganJacob Le Roy <1889-1951> (Democrat (MO))
Soggetti	Bridge construction industry Bridges - Design and construction Bridges Legislative materials.
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Formato	Materiale a stampa
Livello bibliografico	Monografia
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