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Sommario/riassunto	"Most adults in the US believe that annual comprehensive physical exams are important; a 2002 study showed that more than 90% endorse the value of routine examination of the heart, lungs, abdomen, reflexes and prostate (Oboler 2002). Moreover, as recently as 2005, many physicians also endorse the complete annual physical examination for a variety of reasons including perceived benefits to the physician-patient relationship, patient expectations for a yearly "physical," fear of malpractice litigation, and compensation (Frame 1995, Prochazka 2005). The purpose of this review is to determine whether the routine annual physical examination results in improved outcomes for asymptomatic adults"--Summary.