

1. Record Nr.	UNINA9910714665803321
Autore	Clampitt Cynthia
Titolo	Getting out of debt // by Cynthia Clampitt
Pubbl/distr/stampa	Foster City, California : , : IDG Books Worldwide, Inc., , 1999 ©1999
ISBN	0-7645-1287-0
Descrizione fisica	1 online resource (130 p.)
Collana	CliffsNotes
Disciplina	332.024
Soggetti	Finance, Personal Consumer credit Debt
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	CliffsNotes' Getting Out of Debt; Table of Contents; INTRODUCTION; CHAPTER 1: UNDERSTANDING DEBTS AND EXPENSES; CHAPTER 2: ASSESSING YOUR SITUATION; CHAPTER 3: PUTTING TOGETHER A BUDGET; CHAPTER 4: USING YOUR BUDGET TO GET AHEAD OF YOUR DEBT; CHAPTER 5: MOVING MONEY TO IMPROVE YOUR DEBT PICTURE; CHAPTER 6: GETTING HELP; CHAPTER 7: TAKING DRASTIC MEASURES; CHAPTER 8: LAST HOPE: FILING BANKRUPTCY; CHAPTER 9: CHANGING YOUR LIFESTYLE TO AVOID DEBT; CLIFFSNOTES REVIEW; CLIFFSNOTES RESOURCE CENTER; INDEX
Sommario/riassunto	CliffsNotes: Getting Out of Debt is the fast and easy way to learn about getting out of debt and getting personal finances on track. This book discusses ways to identify debt, how to manage income to reduce debt, how to avoid additional debt and more. Features expert advice on money management that's easy to follow. CliffsNotes: Getting Out of Debt brings sanity back to personal finance. From school loans to car loans, credit card debt to mortgage payments, discover the best ways to manage finances and keep the checkbook in the black.* Filled with information and expert tips on mana

2. Record Nr.

UNINA9910969354403321

Titolo

Focusing on children's health : community approaches to addressing health disparities : workshop summary / / Theresa M. Wizemann and Karen M. Anderson, rapporteurs ; Roundtable on Health Disparities, Board on Population Health and Public Health Practice, Board on Children, Youth, and Families ; Institute of Medicine and National Research Council of the National Academies

Pubbl/distr/stampa

Washington, D.C., : National Academies Press, c2009

ISBN

9780309144520
0309144523
9780309137867
0309137861

Edizione

[1st ed.]

Descrizione fisica

1 online resource (132 p.)

Altri autori (Persone)

WizemannTheresa M
AndersonKaren <1948->

Disciplina

362.1989200097

Soggetti

Child health insurance
Child health services
Child health services - Finance
Federal aid to child health services

Lingua di pubblicazione

Inglese

Formato

Materiale a stampa

Livello bibliografico

Monografia

Note generali

Description based upon print version of record.

Nota di bibliografia

Includes bibliographical references.

Nota di contenuto

""Reviewers""; ""Contents""; ""Tables, Figures, and Boxes""; ""Preface"";
""1 Introduction""; ""2 Disparities in Children's Health: Major Challenges and Opportunities""; ""3 Investing in Children's Health"";
""4 From Policy to Practice: How Policy Changes Can Affect Children's Lives""; ""5 Community Development Approaches: Overcoming Challenges, Striving for Change""; ""6 Do Businesses Have a Role Improving Communities or Improving Children's Lives?""; ""7 Closing Comments""; ""Appendix A: Workshop Agenda""; ""Appendix B: Biosketches of Presenters and Authors""
""Appendix C: Resources""""Appendix D: Special Presentation: Unnatural Causes""; ""Appendix E: Clinical Health Care Practice and Community Building: Addressing Racial Disparities in Healthy Child Development""

Sommario/riassunto

Socioeconomic conditions are known to be major determinants of health at all stages of life, from pregnancy through childhood and adulthood. "Life-course epidemiology" has added a further dimension to the understanding of the social determinants of health by showing an association between early-life socioeconomic conditions and adult health-related behaviors, morbidity, and mortality. Sensitive and critical periods of development, such as the prenatal period and early childhood, present significant opportunities to influence lifelong health. Yet simply intervening in the health system is insufficient to influence health early in the life course. Community-level approaches to affect key determinants of health are also critical. Many of these issues were raised in the 1995 National Academies book, *Children's Health, the Nation's Wealth*. The present volume builds upon this earlier book with presentations and examples from the field. *Focusing on Children's Health* describes the evidence linking early childhood life conditions and adult health; discusses the contribution of the early life course to observed racial and ethnic disparities in health; and highlights successful models that engage both community factors and health care to affect life course development.
