

1. Record Nr.	UNINA9910458863703321
Titolo	Distress tolerance [[electronic resource]] : theory, research, and clinical applications / / edited by Michael J. Zvolensky, Amit Bernstein, Anka A. Vujanovic
Pubbl/distr/stampa	New York, : Guilford Press, 2010
ISBN	1-4625-0143-5 1-282-90682-8 9786612906824 1-60918-039-9
Descrizione fisica	1 online resource (304 p.)
Altri autori (Persone)	ZvolenskyMichael J BernsteinAmit VujanovicAnka A
Disciplina	616.89
Soggetti	Psychology, Pathological Distress (Psychology) Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front Matter; Contents; Chapter 1; Chapter 2; Chapter 3; Chapter 4; Chapter 5; Chapter 6; Chapter 7; Chapter 8; Chapter 9; Chapter 10; Chapter 11; Chapter 12; Index
Sommario/riassunto	This state-of-the-art volume synthesizes the growing body of knowledge on the role of distress tolerance-the ability to withstand aversive internal states such as negative emotions and uncomfortable bodily sensations-in psychopathology. Prominent contributors describe how the construct has been conceptualized and measured and examine its links to a range of specific psychological disorders. Exemplary treatment approaches that target distress tolerance are reviewed. Featuring compelling clinical illustrations, the book highlights implications of the research for better understanding how psyc

2. Record Nr.	UNINA9910707614103321
Autore	Jaworski Delilah
Titolo	Prescott National Forest land management plan : socioeconomic resource report / / prepared by Delilah Jaworski for Prescott National Forest
Pubbl/distr/stampa	[Prescott, AZ] : , : [U.S. Department of Agriculture, Forest Service, Southwestern Region, Prescott National Forest], , 2013
Descrizione fisica	1 online resource (24 pages) : illustrations
Soggetti	Statistics. Prescott National Forest (Ariz.) Economic conditions Prescott National Forest (Ariz.) Social conditions Yavapai County (Ariz.) Statistics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Title from title screen (viewed on October 17, 2016). "Compiled April 20, 2011 and updated June 11, 2013."
Nota di bibliografia	Includes bibliographical references (page 25).