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| 1. Record Nr.           | UNINA9910707409403321                                                                                                                                                          |
| Titolo                  | Fit for two: tips for pregnancy                                                                                                                                                |
| Pubbl/distr/stampa      | [Bethesda, Md.] : , : Department of Health & Human Services, NIH, National Institute of Diabetes and Digestive and Kidney Diseases, Weight-control Information Network, , 2013 |
| Edizione                | [Updated June 2013.]                                                                                                                                                           |
| Descrizione fisica      | 1 online resource (24 pages, 2 unnumbered pages) : color illustrations                                                                                                         |
| Collana                 | NIH publication ; ; no. 06-5130                                                                                                                                                |
| Soggetti                | Pregnant women - Health and hygiene<br>Pregnancy - Nutritional aspects<br>Physical fitness for pregnant women                                                                  |
| Lingua di pubblicazione | Inglese                                                                                                                                                                        |
| Formato                 | Materiale a stampa                                                                                                                                                             |
| Livello bibliografico   | Monografia                                                                                                                                                                     |
| Note generali           | Title from title screen (viewed Sept. 7, 2016).<br>Includes unnumbered page with caption title: Lifespan tip sheet: for pregnancy.                                             |