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| 1. Record Nr.           | UNINA9910706947903321                                                                                                                                                                 |
| Autore                  | Imlay Ralph W (Ralph Willard), <1908-1989, >                                                                                                                                          |
| Titolo                  | Jurassic (Bathonian and Callovian) ammonites in eastern Oregon and western Idaho / / by Ralph W. Imlay                                                                                |
| Pubbl/distr/stampa      | Washington : , : United States Department of the Interior, Geological Survey, , 1981                                                                                                  |
| Descrizione fisica      | 1 online resource (iii, 24 pages, 5 unnumbered pages of plates) : illustrations, maps                                                                                                 |
| Collana                 | Geological Survey professional paper ; ; 1142                                                                                                                                         |
| Soggetti                | Ammonoidea<br>Paleontology - Jurassic<br>Paleontology - Idaho<br>Paleontology - Oregon<br>Jurassic Geologic Period<br>Paleontology<br>Idaho<br>Oregon                                 |
| Lingua di pubblicazione | Inglese                                                                                                                                                                               |
| Formato                 | Materiale a stampa                                                                                                                                                                    |
| Livello bibliografico   | Monografia                                                                                                                                                                            |
| Note generali           | Title from title screen (viewed October 9, 2014).<br>"The late Bathonian to middle Callovian ammonite succession in eastern Oregon is remarkably similar to that in southern Alaska." |
| Nota di bibliografia    | Includes bibliographical references (pages 21-22) and index.                                                                                                                          |

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| 2. Record Nr.           | UNINA9910795901503321                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Autore                  | Queen J. Allen                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Titolo                  | The frazzled teacher's wellness plan : a five-step program for reclaiming time, managing stress, and creating a healthy lifestyle / / J. Allen Queen, Patsy S. Queen                                                                                                                                                                                                                                                                                                                                        |
| Pubbl/distr/stampa      | Thousand Oaks, California : , : Corwin, , [2013]<br>2013                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| ISBN                    | 1-4833-3215-2<br>1-5063-3573-X<br>1-4833-3216-0                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Edizione                | [Second edition.]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Descrizione fisica      | 1 online resource (xii, 107 pages) : illustrations                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Collana                 | Gale eBooks                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Disciplina              | 371.1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Soggetti                | Teachers - Health and hygiene - United States<br>Teachers - Job stress - United States<br>Teachers - Time management - United States<br>Stress management - United States                                                                                                                                                                                                                                                                                                                                   |
| Lingua di pubblicazione | Inglese                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Formato                 | Materiale a stampa                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Livello bibliografico   | Monografia                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Note generali           | Description based upon print version of record.                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Nota di bibliografia    | Includes bibliographical references and index.                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Nota di contenuto       | ""Cover""; ""Contents""; ""Additions to the Second Edition""; ""Acknowledgments""; ""About the Authors""; ""Step 1 - Identifying Schools as a Culture of Stress""; ""Step 2 - Restructuring Personal and Teaching Priorities for a Healthy Lifestyle""; ""Step 3 - Mastering the Science of Stress Management for Better Health""; ""Step 4 - Arresting Time Bandits at Home and at School""; ""Step 5 - Using Nutrition to Support a Healthy Lifestyle""; ""References and Suggested Readings""; ""Index"" |
| Sommario/riassunto      | This handy wellness guide helps busy teachers optimize their classroom effectiveness and breeze through stressful times. Custom crafted by an educator and a nurse who understand the stresses teachers face, this updated second edition offers a five-step program to help weary educators.                                                                                                                                                                                                               |

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| 3. Record Nr.           | UNINA9910567784403321                                                                                                                                                      |
| Titolo                  | Digitalisierung und die Zukunft der Demokratie : Beitrage aus der Technikfolgenabschätzung // Alexander Bogner, Michael Decker, Michael Nentwich, Constanze Scherz (Hrsg.) |
| Pubbl/distr/stampa      | Baden-Baden, : Nomos Verlagsgesellschaft mbH & Co. KG, 2022                                                                                                                |
| ISBN                    | 3-7489-2892-0                                                                                                                                                              |
| Descrizione fisica      | 1 electronic resource (288 p.)                                                                                                                                             |
| Collana                 | Gesellschaft - Technik - Umwelt ; Band 24                                                                                                                                  |
| Soggetti                | JP<br>P                                                                                                                                                                    |
| Lingua di pubblicazione | Tedesco                                                                                                                                                                    |
| Formato                 | Materiale a stampa                                                                                                                                                         |
| Livello bibliografico   | Monografia                                                                                                                                                                 |