

1. Record Nr.	UNINA9910705420403321
Titolo	Healthy eating & physical activity across your lifespan : better health and you, tips for adults
Pubbl/distr/stampa	[Bethesda, Md.] : , : Department of Health & Human Services, NIH, National Institute of Diabetes and Digestive and Kidney Diseases, Weight-Control Information Network, , 2012
Edizione	[Updated August 2012.]
Descrizione fisica	1 online resource (22 pages) : color illustrations
Collana	NIH publication ; ; no. 08-4992
Soggetti	Physical fitness Health Diet Exercise
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Title from title screen (viewed June 16, 2014). "June 2004."