

1. Record Nr.	UNINA9910703574803321
Autore	DeNatale Jay S.
Titolo	Experimental testing of flexible barriers for containment of debris flows // by Jay S. DeNatale [and five others]
Pubbl/distr/stampa	Vancouver, Washington : , : U.S. Department of the Interior, U.S. Geological Survey, , 1999
Descrizione fisica	1 online resource (vi, 39 pages) : illustrations
Collana	Open-file report ; ; 99-205
Soggetti	Debris avalanches - Safety measures Landslides
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Title from title screen (viewed on Jan. 26, 2015).
Nota di bibliografia	Includes bibliographical references (page 39).

2. Record Nr.	UNINA9910163886603321
Autore	LL COOL J L. L. Cool
Titolo	LL Cool J's Platinum 360 Diet and Lifestyle : A Full-Circle Guide to Developing Your Mind, Body, and Soul
Pubbl/distr/stampa	Gordonsville : , : Potter/Ten Speed/Harmony/Rodale, , 2010 ©2010
ISBN	1-60529-089-0
Descrizione fisica	1 online resource (167 pages)
Altri autori (Persone)	PalmerChris StoppaniJim HonigDave
Disciplina	613.7/12
Soggetti	Physical fitness Exercise--Psychological aspects Diet
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	The popular rapper draws from lessons learned from family and friends, as well as the world's greatest thinkers, to provide a thirty-day workout regimen and breakthrough diet plan, and explains how to achieve mental clarity and focus in any endeavor.