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Titolo	The healthy woman [[electronic resource]] : a complete guide for all ages
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Descrizione fisica	518 pages : digital, PDF files
Soggetti	Women - Health and hygiene Women - Diseases
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Note generali	Title from title screen (viewed on May 14, 2009).
Nota di bibliografia	Includes bibliographical references (pages 463-507) and index.
Nota di contenuto	Taking charge of your health -- Heart disease -- Stroke -- Cancer -- Type 2 diabetes -- Autoimmune diseases -- Blood disorders -- Sexually transmitted infections -- HIV/AIDS -- Reproductive health -- Pregnancy -- Breastfeeding -- Mental health -- Healthy aging -- Violence against women -- Urologic and kidney health -- Digestive health -- Respiratory health -- Oral health -- Skin and hair health -- Nutrition -- Fitness -- Pain -- Complementary and alternative medicine -- Glossary.