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Altri autori (Persone)	Pandi-PerumalS. R
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Nota di contenuto	Front Cover; Title Page; Table Of Contents; Contributors; Preface; 01 Classification of sleep disorders; 02 Sleep loss and sleepiness; 03 Approach to the patient with a sleep complaint; 04 Manifestations of hypersomnia; 05 Neuropsychology of sleep disorders; 06 Receptor mechanisms in sleep and wakefulness; 07 Transient insomnia: a behavioral sleep; 08 Chronic insomnia; 09 Rebound with hypnotic medication; 10 Benzodiazepines: an overview; 11 Benzodiazepines: effects on memory functioning; 12 Behavioral therapy, sleep hygiene, and psychotherapy; 13 Sleep factors 14 CYP enzyme system and its relevance to the pharmacology of sleep 15 Pharmacokinetics: basic concepts for dosage regimen considerations; 16 Chronopharmacology: principles and applications in sleep medicine; 17 Sleep and geriatric psychopharmacology; 18 Antihistamines and sleep; 19 First-generation hypnotics and sedatives; 20 GABA –benzodiazepine receptors as targets for new hypnotics; 21 Benzodiazepines: effects on sleep; 22 Indiplon; 23 Serotonergic
Sommario/riassunto	This first such volume in this field, Sleep Disorders: Diagnosis and Therapeutics explores sleep pharmacology and therapeutics. This text is an introduction for clinicians and researchers who are new to sleep

pharmacology and outlines the wider range of therapeutic options currently available to them. Leading researchers in the area of experimental and clinical and psychopharmacology critically assess the progress in their specialist fields. For seasoned clinicians, the book assists in selecting the most appropriate methodologies and treatment options designed to circumvent the problems in com
