1.	Record Nr.	UNINA9910702118403321
	Titolo	Making health easier [[electronic resource]] : healthy habits in childcare
	Pubbl/distr/stampa	[Atlanta, GA] : , : U.S. Dept. of Health and Human Services, Centers for Disease Control and Prevention, , [2012]
	Soggetti	Obesity in children - Prevention Preschool children - Health and hygiene - Study and teaching - Activity programs Health education - Study and teaching (Preschool) - Activity programs Preschool teachers - California - Los Angeles Documentary films.
	Lingua di pubblicazione	Inglese
	Formato	Videoregistrazione
	Livello bibliografico	Monografia
	Note generali	 Video files available in both streaming (3 min., 54 sec., SWF file, sd., col.) and downloadable (3 min., 54 sec., WMV and MP4 files, sd., col.) formats. Downloadable WMV files available in small, medium, and high resolutions; downloadable MP4 file available in medium resolution. Closed-captioned; open-captioned version available as downloadable MP4 file only. Title from video caption. "Produced by: Office of Associate Director for Communication in collaboration with National Center for Chronic Disease Prevention and Health Promotion"Final credits screen. "Release date: 10/1/2012"Video home page. Accompanied by transcript in PDF format.
	Sommario/riassunto	Features classroom activities conducted by Claudia Mendoza, a preschool teacher in Los Angeles, that are designed to teach young children all-around healthy habits especially to prevent childhood obesity. Includes scenes of children exercising, gardening, preparing food, and eating. Also includes observations by the preschoolers' parents on how they have been influenced by their childrens' healthy

activities.