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| Titolo | Recipes and tips for healthy, thrifty meals // United States Department of Agriculture, Center for Nutrition Policy and Promotion |
| Pubbl/distr/stampa | Washington, DC, : U.S. Dept. of Agriculture, Center for Nutrition Policy and Promotion, [May 2000] |
| Descrizione fisica | 1 online resource (76 pages) : illustrations |
| Disciplina | 641.5 |
| Soggetti | Cooking Families - Nutrition - Requirements Diet - United States Nutrition policy - United States Food - Analysis |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | "May 2000." Includes index. "CNPP-11." |
| Nota di contenuto | Introduction -- Tips for healthy, thrifty meals -- Some best buys for cost and nutrition -- Tips for healthy cooking -- Keep your family's food safe -- Menus for 2 weeks of meals -- Recipes -- Food lists for 2 weeks of meals -- Recipe list. |