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Titolo	How exercise can help [[electronic resource]]
Pubbl/distr/stampa	[Bethesda, Md.] : , : National Institutes of Health, , [between 2000 and 2009?]
Altri autori (Persone)	MinorMarian A (Marian Adams) MoskowitzRoland W
Soggetti	Osteoarthritis - Exercise therapy Joints - Effect of stress on Exercise for older people Physical fitness for older people Documentary films. Streaming videos.
Lingua di pubblicazione	Inglese
Formato	Videoregistrazione
Livello bibliografico	Monografia
Note generali	Available as both streaming video (3 min., 2 sec., WMV file, sd., col.) and downloadable video (3 min., 2 sec., WMV file, sd., col.) files. Title from title frame. Accompanied by transcript in HTML format. "Video footage courtesy of The Arthritis Foundation, 1996."
Sommario/riassunto	Describes the rationale for, benefits of, and ideal approaches to exercise for arthritis patients. Includes explanations by: Marian Minor, physical therapist, Ph.D., University of Missouri; Roy D. Altman, M.D., University of Miami School of Medicine; and, Dr. Roland W. Moskowitz, M.D., Case Western Reserve University.