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Autore	Cornbluth Sue
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Nota di contenuto	Foreword; Acknowledgments; Introduction; Chapter 1 Fostered and Adopted Children and Teens Struggle with Self-Esteem; Chapter 2 The Challenges of Parenting a Fostered or Adopted Child or Teen; Chapter 3 Attachment and Self-Esteem: Two Critical Aspects of Connecting with a Fostered or Adopted Child or Teen; Chapter 4 Providing a Child or Teen with a "Corrective Emotional Experience"; Chapter 5 Strategies for Working with Traumatized Fostered or Adopted Children and Teens; Chapter 6 Assessing Your Parenting and Professional Skills Chapter 7 Strategies for Increasing Fostered or Adopted Children and Teens' Self-EsteemChapter 8 Parenting an Adopted or Fostered Child or Teen; Chapter 9 The Triple Empowerment Self-Esteem System: Educate, Embrace and Empower; Parting Words; References; Recommended Resources; _GoBack
Sommario/riassunto	In Building Self-Esteem in Children Who Are Adopted or Fostered Dr. Sue offers useful advice and outlines proven techniques for those supporting children aged 7+ to help them grow up to be confident and

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