

1. Record Nr.	UNINA9910462703803321
Autore	Walser Robyn
Titolo	Acceptance and Commitment Therapy for the Treatment of Post-Traumatic Stress Disorder and Trauma-Related Problems [[electronic resource]] : A Practitioner's Guide to Using Mindfulness and Acceptance Strategies
Pubbl/distr/stampa	Oakland, CA, : New Harbinger Publications, 2007
Descrizione fisica	1 online resource (270 p.)
Altri autori (Persone)	WestrupDarrah
Disciplina	616.85/2106 616.852106 616.85210651
Soggetti	Post-traumatic stress disorder - Treatment Acceptance and commitment therapy - Treatment Psychic trauma Stress Disorders, Post-Traumatic - therapy Cognitive Behavioral Therapy - methods Stress Disorders, Traumatic, Acute - therapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Acknowledgments; Contents; Foreword; Introduction; Chapter 1; Acceptance, Mindfulness, and Trauma: The Problem of Experiential Avoidance and the Verbal Nature of Trauma; Chapter 2; Mindfulness and Acceptance; Chapter 3; Preparing to Begin; Chapter 4; Creative Hopelessness: Finding the Place Where Something New Can Happen; Chapter 5; Control as the Problem: Experiential Avoidance and Unworkable Solutions; Chapter 6; Willingness; Chapter 7; Self-as-Context; Chapter 8; Valued Living; Chapter 9; Committed Action; Chapter 10; Therapist and Treatment Considerations; Chapter 11 Clinical Issues and AssessmentConclusion: Opening to Vitality; References; Index
Sommario/riassunto	An indispensable resource for mental health professionals, Acceptance

and Commitment Therapy for the Treatment of Post-Traumatic Stress Disorder and Trauma-Related Problems offers a practical and accessible yet theoretically complete approach to using the principles of acceptance and commitment therapy (ACT) to treat post-traumatic stress disorder (PTSD) and acute trauma-related symptoms.

2. Record Nr.	UNINA9910697616403321
Titolo	A study of remote visual methods to detect cracking in reactor components [[electronic resource] /] / prepared by S.E. Cumblidge ... [and others]
Pubbl/distr/stampa	Washington, DC : , : U.S. Nuclear Regulatory Commission, Office of Nuclear Regulatory Research, Division of Fuel, Engineering and Radiological Research, , [2007]
Descrizione fisica	133 unnumbered pages : digital, PDF file
Altri autori (Persone)	CumblidgeS. E
Soggetti	Nuclear reactors - Cracking - United States - Remote sensing Nuclear power plants - Inspection - Cracking - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"Date published: October 2007." "NUREG/CP-6943." "PNNL-16472."
Nota di bibliografia	Includes bibliographical references.