1. Record Nr. UNINA9910696450703321 Autore Kass-Bartelmes Barbara L Titolo Preventing disability in the elderly with chronic disease [[electronic resource]] Rockville, Md.:,: Agency for Healthcare Research and Quality,, [2002] Pubbl/distr/stampa Descrizione fisica 7 pages: digital, PDF file Collana Research in action;; issue #3 AHRQ pub.;; no. 02-0018 Soggetti Older people - Health and hygiene Older people - Diseases Disability awareness - United States Chronic Disease - rehabilitation Aged Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Title from PDF caption (viewed Mar. 7, 2008). "April 2002." Written by Barbara L. Kass-Bartelmes. Nota di bibliografia Includes bibliographical references. Sommario/riassunto Research sponsored by the Agency for Healthcare Research and Quality led to development of a patient self-management program that can help prevent or delay disability even in patients with arthritis, heart disease, or hypertension. Patients are taught how to better manage

their symptoms, adhere to medication regimens, and maintain

disease.

functional ability. AHRQ-funded research shows that health education and lifestyle changes can reduce the negative consequences of chronic