

1. Record Nr.	UNINA9910695745503321
Autore	Copeland Mary Ellen
Titolo	Recovering your mental health [[electronic resource]] : a self-help guide / / [prepared by Mary Ellen Copeland]
Pubbl/distr/stampa	Rockville, MD : , : U.S. Dept. of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, , [2005?]
Descrizione fisica	1 electronic text : HTML file
Soggetti	Mental illness - Care - United States Self-help techniques Handbooks and manuals.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Title from title screen (viewed on Apr. 4, 2007). "SMA-3504."