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Autore	Siegel Mary-Ellen
Titolo	Shingles : new hope for an old disease // Mary-Ellen Siegel and Gray Williams
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Descrizione fisica	1 online resource (178 p.)
Collana	Vivir mejor la tercera edad
Altri autori (Persone)	WilliamsGray <1932-> SiegelMary-Ellen
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Soggetti	Shingles (Disease)
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Note generali	Includes index. First published under the title: Living with shingles, c1998.
Nota di contenuto	CONTENTS; ACKNOWLEDGMENTS; FOREWORD; Chaper 01. WHAT IS SHINGLES?; Chapter 02. THE VARICELLA ZOSTER VIRUS; Chapter 03. HOW SHINGLES IS TREATED; Chapter 04. POST-HERPETIC NEURALGIA; Chapter 05. OTHER COMPLICATIONS OF SHINGLES; Chapter 06. PREVENTING SHINGLES: THE PROMISE OF VACCINES; QUESTIONS AND ANSWERS ABOUT SHINGLES; GLOSSARY; HELPFUL SOURCES; INDEX
Sommario/riassunto	Herpes zoster, better known as shingles, affects up to twenty percent of the population of the United States. Caused by the same virus that causes chicken pox, shingles affects adults who have had chicken pox and who suffer from a weakened immune system. The authors cite the latest research on Shingles and its prevention and provide tips on early recognition of shingles as well as descriptions of commonly used treatments for shingles.