

1. Record Nr.	UNINA9910693842003321
Autore	Katzman Patricia
Titolo	Pocket adventures Panama / / Patricia Katzman
Pubbl/distr/stampa	New Jersey, : Hunter, 2006
ISBN	1-58843-614-4 9786610705061 1-280-70506-X 1-58843-568-7
Edizione	[1st ed.]
Descrizione fisica	xiii, 298 p. : maps
Collana	Hunter travel guides Pocket adventures
Disciplina	917.2870454
Soggetti	Panama Guidebooks
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di contenuto	Intro -- Introduction -- Travel Information -- Panamá Province -- Panamá City -- The Pacific Islands -- Eastern Panamá Province -- Western Panamá Province -- Colón Province -- Colón City -- West of the Canal -- East of the Canal -- Portobelo -- Isla Grande -- Coclé Province -- El Valle -- Santa Clara & Farallón -- Penonomé -- Azuero Peninsula -- Herrera Province -- Los Santos Province -- Veraguas Province -- Santiago Area -- Chiriquí Province -- David & Environs -- The Pacific Lowlands -- The Eastern Highlands -- The Western Highlands -- Bocas del Toro Province -- Mainland Bocas del Toro -- Almirante -- Changuinola -- Bocas Town & Environs -- The San Blas Archipelago -- The Kuna -- Visiting the Area -- Where to Stay & Eat -- Darién Province -- Parque Nacional Darién -- Recommended Reading -- Information Sources -- Foreign Embassies -- Index.
Sommario/riassunto	Mother nature has bequeathed Panama with some stunning spots, rich soils and a vast bio-diversity. White- and black-sand beaches alternate with mangrove mazes along the coast. Sparkling wild rivers overflowing with trout run through jungle-clad canyons filled with colorful flowers. Mist-crowned Baru Volcano towers above them all. Walking tours visit historic forts, gold museums, classic city parks and bustling crafts markets.

