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ISBN	1-933812-90-7
Edizione	[1st ed.]
Descrizione fisica	1 online resource (54 p.)
Collana	Age page
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Soggetti	Alcohol -- Physiological effect Alcohol use Alcoholism -- Treatment Alcoholism
Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di contenuto	Cover Page; Copyright Notice; Contents; Do you have a problem with alcohol?; Who is at risk?; The consequences of alcohol abuse and dependence; Smoking and alcohol: A risky combination; Women and alcohol; Drinking and older adults; Alcohol use among teens and young adults; SPECIAL BONUS SECTION: A 7-part plan toward recovery; Resources; Glossary
Sommario/riassunto	Problem drinking (alcohol abuse or dependence) affects 18.2 million people in the United States alone - nearly one in every 13 adults and teens ages 12 and over. Millions more Americans engage in risky drinking behaviors, such as driving under the influence or being intoxicated while having direct responsibility for another person's well-being. Alcohol misuse sharply raises the risk of illness or death from numerous health problems, including liver disease, heart disease, and some types of cancer. It also has a profound detrimental impact on society, playing a major role in many violent crimes