Record Nr. UNINA9910693674703321 Physical activity and cancer / / Kerry S. Courneya, Christine M. **Titolo** Friedenreich (editors) Pubbl/distr/stampa Heidelberg;; New York,: Springer, 2010 **ISBN** 1-282-97234-0 9786612972348 3-642-04231-7 Descrizione fisica 1 online resource (383 p.) Collana Recent results in cancer research;; 186 Altri autori (Persone) CourneyaKerry S FriedenreichChristine M Disciplina 616.994062 Cancer - Physical therapy Soggetti Cancer - Prevention Physical fitness - Health benefits Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references. Sommario/riassunto This book explores in depth the relation between physical activity and cancer control, including primary prevention, coping with treatments, recovery after treatments, long-term survivorship, secondary

This book explores in depth the relation between physical activity and cancer control, including primary prevention, coping with treatments, recovery after treatments, long-term survivorship, secondary prevention, and survival. The first part of the book presents the most recent research on the impact of physical activity in preventing a range of cancers. In the second part, the association between physical activity and cancer survivorship is addressed. The effects of physical activity on supportive care endpoints (e.g., quality of life, fatigue, physical functioning) and disease endpoints (e.g., biomarkers, recurrence, survival) are carefully analyzed. In addition, the determinants of physical activity in cancer survivors are discussed, and behavior change strategies for increasing physical activity in cancer survivors are appraised. The final part of the book is devoted to special topics, including the relation of physical activity to pediatric cancer survivorship and to palliative cancer care.