

1. Record Nr.	UNINA9910691759003321
Autore	Landers Daniel M
Titolo	The influence of exercise on mental health [[electronic resource] /] / Daniel M. Landers
Pubbl/distr/stampa	Washington, DC : , : President's Council on Physical Fitness and Sports, , [1997]
Collana	Research digest. Series 2 ; ; no. 12
Soggetti	Exercise - Health aspects - United States Physical education and training - Health aspects - United States Psychiatry - Research - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Title from title screen.