

1. Record Nr.	UNINA9910688591503321
Titolo	Frailty in the Elderly : understanding and managing complexity // Sara Palermo, editor
Pubbl/distr/stampa	London : , : IntechOpen, , 2021
Descrizione fisica	1 online resource (146 pages)
Disciplina	613.0438
Soggetti	Frail older people - Care Older people - Health and hygiene
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	The progressive growth in the number of older adults worldwide has led to a modification of the current healthcare scenario and a parallel increase in the use of public resources. In this book, we propose a conceptual framework within which aging, frailty, and care are analyzed through the lens of complexity medicine. Therefore, we present a multidimensional perspective that takes into account biomedical, (neuro)psychological, and socio-ecological vulnerability. The theses presented are the result of an inductive approach, based on many years of experience in the field, which has made it possible to identify strategies for frailty recognition and effective responses even in complicated clinical settings. The book is intended to be a tool of concrete and easy consultation, rich in reflections and suggestions.