

1. Record Nr.	UNISA996395985303316
Autore	Bentley Richard <1662-1742.>
Titolo	Matter and motion cannot think, or, A confutation of atheism from the faculties of soul [[electronic resource] ] : a sermon preached at St. Mary-le-Bow, April 4, 1692 : being the second of the lecture founded by the Honourable Robert Boyle, Esquire // by Richard Bentley .
Pubbl/distr/stampa	London, : Printed for Henry Mortlock ..., 1693
Edizione	[The second edition.]
Descrizione fisica	36 p
Soggetti	Atheism Christianity and atheism
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Reproduction of original in the Cambridge University Library.
Sommario/riassunto	eebo-0021

2. Record Nr.	UNINA9910688485003321
Titolo	Outdoor Recreation : physiological and psychological effects on health / / edited by Hilde G. Nielsen
Pubbl/distr/stampa	London : , : IntechOpen, , 2021 ©2021
Descrizione fisica	1 online resource (104 pages)
Disciplina	796.5
Soggetti	Outdoor recreation
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Sommario/riassunto	Outdoor recreation refers to recreation/activity executed outdoors, most commonly in natural settings. At least in many high-income countries, outdoor recreation is by many considered as an attractive activity during spare time or holidays. People actively seek out activities such as walking in the mountains, climbing, hunting, horseback riding, skiing, etc., which are very often difficult to accommodate in ordinary working days. Some people find outdoor recreation attractive to the extent that they take several months or a year off from work in order to spend time in nature. Outdoor recreation stimulates a healthy lifestyle and increases public health, and it is important to develop outdoor activity habits from early childhood, a habit that should last for an entire lifetime. This book will take you through the definitions of outdoor recreation and different types of recreation. Furthermore, the book will also give you a snapshot of the physiological and psychological effects of outdoor recreation and why outdoor recreation is important for development in children and adolescents, and for adults and the older population, in addition to descriptions of some of the major and maybe the most used outdoor activities.