

1. Record Nr.	UNINA9910688388003321
Autore	Waisundara Viduranga Y.
Titolo	Pseudocereals // Viduranga Y. Waisundara
Pubbl/distr/stampa	London : , : IntechOpen, , 2022
Descrizione fisica	1 online resource (170 pages)
Disciplina	633.1
Soggetti	Grain - Technological innovations Grain
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	Pseudocereals are being hailed as a means of combating food and nutrition insecurity around the world. They are plants that produce fruits or seeds that are used and consumed as grains and thus they have the potential to withstand harsh weather conditions and other issues faced by most crops grown at present. They are nutrient-dense and have several functional properties. This book provides an overview of pseudocereals, including information on their nutritional value and processing techniques.