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| Sommario/riassunto | "The experience of contemporary adolescents is one that differs profoundly from that of earlier generations. Research on adolescence has also endured substantial change, and the concept of change is central to the topics addressed in this handbook. Change, for example, is key to the very definition of adolescence as a developmental time period marked by rapid physical, social, and psychological transformation. Accumulating evidence in developmental neuroscience over the past decades reveals a complexity of change not previously understood. Mental health is also an evolving concept - both in definition and in practice - with our understanding of what constitutes "good" mental health subject to fluctuating societal norms and stigmas, emerging diagnostic categories and dimensions, and increasing prevalence rates. Yet perhaps most closely tied to the concept of change is digital media - inextricably linked with evolution, adaptation, transformation. To understand digital media is to recognize and wrestle with a constantly evolving phenomenon - an entity that changes within a world that changes around it, both as a cause and a consequence of it"-- Provided by publisher. |