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Sommario/riassunto	<p>In order to be able to analyze and give proper advice on sport techniques, it is important to understand the biomechanical and physiological demands of different sports. In a coaching situation, feedback to the athlete should be given without too much delay. Over the past decades, sensor technology-related to sports monitoring has developed with huge steps. Sensors are lighter, data transmission is mostly wireless, and software applications are more user-friendly. This book is addressed to all kinds of sensors that are currently being used for monitoring different sports.</p>