

1. Record Nr.	UNINA9910683367103321
Titolo	Sensor Technology for Sports Monitoring // edited by Vesa Linnamo
Pubbl/distr/stampa	Basel : , : MDPI - Multidisciplinary Digital Publishing Institute, , 2023
ISBN	3-0365-7089-6
Descrizione fisica	1 online resource (164 pages)
Disciplina	688.76
Soggetti	Sports - Technological innovations Detectors
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	In order to be able to analyze and give proper advice on sport techniques, it is important to understand the biomechanical and physiological demands of different sports. In a coaching situation, feedback to the athlete should be given without too much delay. Over the past decades, sensor technology-related to sports monitoring has developed with huge steps. Senors are lighter, data transmission is mostly wireless, and software applications are more user-friendly. This book is addressed to all kinds of sensors that are currently being used for monitoring different sports.