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Nota di contenuto	Part I: Understanding the Veteran and Military Mental Health Culture -- 1. Transitioning from Military Service Member to Veteran -- 2. An Introduction to Military Culture -- 3. Enhancing Resiliency in Service Members and Military Veterans.-4. Stigma and Barriers to Care -- 5. The Deployment Experience -- 6. Understanding the Experience and Mental Health Challenges of National Guard and Reserve Service Members -- Part II: The Veteran and Military Mental Health System -- 7. Medical and Community Resources for Veterans and Military Personnel -- 8. Defining the Limits of Medical Privacy within the US Department of Defense and Veterans Affairs -- 9. Mental Health Care during Deployment -- 10. Military and Veteran Disability System -- Part III: Unique Aspects, Conditions, and Situations in Veteran and Military Mental Health -- 11. Combat and Operational Stress -- 12. PTSD in Military Service Members and Veterans -- 13. Traumatic Brain Injury -- 14. Moral Injury in a Military Context -- 15. Military Sexual Trauma -- 16. Understanding Suicide among Military Service Members and Veterans: Risk and Protective Factors, Theory, and Intervention -- 17. Substance and Prescription Misuse in Military and Veteran Populations -- 18. Sleep Disorders -- 19. Addressing Veteran Homelessness -- 20. Mental Health of LGBT Service Members and Veterans -- 21. Combating Military and Veteran Mental Health Provider Burnout and Enhancing Resiliency -- Part IV: Veteran and Military

Families -- 22. Effects of Deployment on Military-Connected Children, Spouses, and Families -- 23. Combat Related Injuries and Bereavement: Effects on Military and Veteran Families and Suggested Interventions.

Sommario/riassunto

This book addresses mental health treatment for veterans and active military personnel. In addition to examining foundational practices in the sub-field, it contains specifically tailored content concerning the recent collapse of the United States (US) installed Afghanistan government. The book is conscious of the myriad of complex emotions that veterans who fought for the past twenty years may be experiencing. Organized into four parts, the book begins with the foundations of veteran and military mental health culture as patients transition from active duty to veteran status, understand the present stigma and barriers to care and reflect on their deployment experience. Part two delves into the specifics of the healthcare system in which military personnel find themselves at various points in their career, including deployment and returning home. Following this, chapters examine the critically unique conditions found in patients, such as sleep disorders, traumatic brain injury, homelessness, substance abuse, and sexual trauma. The book closes with discussions on veterans and their families that focus on the effects of deployment on a military person's loved ones and their mental state upon returning home. Timely, socially conscious, and comprehensive, the Clinical Manual on Veteran and Military Mental Health is an invaluable resource for mental health professionals receiving new military personnel patients and who have seen a significant shift in their patients due to recent events. .
