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Nota di contenuto	1. Introduction: What do we know about global efforts to promote health among adolescent boys and young men of colour? -- 2. Becoming: An intervention to promote mental wellbeing of young Black men in the United States -- 3. A community-based ecosystems approach for promoting the health, wellbeing and healing of boys and young men of colour -- 4. First-Generation Black college men in the United States and the value of cohort-based programs: Addressing inequities through the YBMen Project -- 5. Situating for success:

Lessons learned from the evaluation of the Making Connections place-based mental health initiatives involving boys and men of colour across the United States -- 6. "Where are our men?": How the DUDES Club has supported Indigenous men in British Columbia, Canada to seek a path of healing and wellness -- 7. Coming to know Ishkode: Re-encountering Indigenous male wholistic wellness in Canada -- 8. Exploring the social and cultural determinants of Indigenous males' participation and success in higher education in Australia -- 9. Applying Indigenous Data Sovereignty principles to research with young Indigenous males: Lessons for health promotion from a higher education project in Australia -- 10. La Cultura Cura and El Joven Noble: Culturally rooted theory and practice formulations for healing wounded boys and young men of colour in the United States -- 11. Promoting health and wellbeing: Young Cook Islands Mori men in New Zealand and the Cook Islands -- 12. Promoting cultural identity as a form of health promotion for New Zealand-born Niue men in Aotearoa (New Zealand) -- 13. "Been through it too": Exploring community development through collaborative hip-hop creation -- 14. Masculinities and health in justice-involved youth: Implications for boys and young men of colour -- 15. Conclusion: Future directions in global health promotion with young men of colour.

Sommario/riassunto

This book highlights novel and pragmatic health promotion efforts being adopted with boys and young men of colour (BYMOC) globally that apply a strengths-based approach. Men's adoption of risky health practices and reluctance to seek help and engage in preventive health behaviours have frequently been used to explain their poorer health outcomes, particularly among adolescent boys and young men, and disproportionately affecting BYMOC. Emerging literature on equity and men's health has conveyed that intersections among age, race, sexuality, socioeconomic status and geography contribute to a complex array of health and social inequities. There is growing evidence to suggest these inequities shape the health practices of BYMOC. Unfortunately, these health and social inequities can have negative lifelong consequences. An increased focus on reducing health inequities has led to a greater focus on health promotion actions that address social and cultural determinants of health. The vulnerabilities that BYMOC face are diverse and are reflected in a range of tailored health promotion interventions. Health promotion approaches that influence structural and systemic inequities experienced by BYMOC have been a prominent feature. In this volume, the editors and contributors purposefully bring together international research and promising practice examples from Australia, the United States, New Zealand, and Canada to celebrate health promotion strategies that help to improve the health and social trajectories of BYMOC. In doing so, the book moves beyond discussing the health inequities faced by this population, to talk about the practical actions to address them in context. Health Promotion with Adolescent Boys and Young Men of Colour brings together diffuse strands of scholarship relating to male health promotion, gender/masculinities and health, equity and men's health, and gender and youth development. The book is a unique and useful resource for practitioners, policy-makers, researchers and students with an interest in health promotion/public health, social work/social policy, education, men's health, youth development, Indigenous studies, and health and social equity.
