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Titolo	Tobacco dependence : a comprehensive guide to prevention and treatment // Michelle N. Eakin, Hasmeena Kathuria, editors
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ISBN	3-031-24914-3
Edizione	[1st ed. 2023.]
Descrizione fisica	1 online resource (302 pages)
Collana	Respiratory medicine
Disciplina	616.86506
Soggetti	Nicotine addiction - Treatment Tobacco use - Prevention
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Current Patterns of Tobacco Use and Health Disparities -- Adverse Effects of Tobacco Products (Cigarettes, E-Cigarettes, Hookah, Smokeless tobacco) Use on Health -- Neurobiology and Mechanisms of Nicotine Addiction -- Pharmacotherapy for the Treatment of Tobacco Dependence -- Non-Pharmacologic Approaches to Tobacco Cessation -- Tobacco Dependence and Marginalized Populations -- Key Considerations for Health Care Providers -- Treating Nicotine Dependence in the Pediatric Setting: Adolescents and Caregivers Who Smoke -- Treatment of Tobacco Dependence in the Inpatient Setting -- Integration of Tobacco Dependence Treatment in Lung Cancer Screening and Other Ambulatory Care Settings -- Bringing treatment to the patients: Community-based tobacco-dependence treatment and interventions -- E-Cigarette: Friend or Foe? -- Role of menthol and other flavors on tobacco and nicotine product use -- Promoting training and education in tobacco dependence treatment -- Increasing Access to Treatment for Nicotine Dependence -- Tobacco control policies to reduce tobacco use.
Sommario/riassunto	This book is a guide to pharmacotherapy treatment of tobacco dependence. The 2020 American Thoracic Society clinical practice guidelines on treating tobacco dependence serves as the cornerstone for this work with its robust discussion of recommended treatment options and how to tailor treatment to specific patient populations.

Tobacco dependence remains a major health concern for many adults and given the dramatic increase of youth electronic cigarette use, clinicians need a singular resource to treat these different populations. This book addresses that by following the three main points of how to best address the adverse impact of tobacco use on public health: 1) prevent initiation of tobacco use; 2) understand mechanisms of addiction; 3) effectively treat tobacco dependence. The book begins by describing the current patterns of product use, the adverse impact of tobacco on global health, and tobacco-related health disparities. Authors discuss both combustible and electronic tobacco products, as well as current research on the adverse impact of vaping and associated flavorings including menthol, role of the e-cigarette in cessation, and treatment of adolescent nicotine dependence. Chapters conclude with a discussion of specific tobacco control policies to improve overall public health. This is an ideal guide for pulmonologists, pediatricians, primary care physicians and other specialty providers who see patients with nicotine dependence. This book is also of interest to public health professions to help inform public health campaigns and treatment offerings to reduce overall tobacco product use through prevention and treatment.
